

# *My Favorites On Mondays*

**Greater Maple Valley Community Center  
Invites our 50+ participants to submit a  
favorite recipe to have it incorporated in  
our monthly calendar of lunch meals.**

**Provide recipe below and continue on back if needed**

**Free lunch awarded if  
your recipe is selected**

## **Submit Recipes to Linda or Allison**

**Name:** \_\_\_\_\_



**Main Dish Recipe** \_\_\_\_\_

**Ingredients:**

**Directions:**