

Monday

Tuesday

Wednesday

Thursday

Friday

2 9:00 Walking Group 10:00 Book Club 10:00 Medicare Info 10:00 Indoor Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong	3 	4 9:00 Walking Group 10:00 Indoor Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 3:00 Line Dancing	5 Foot Care (by appt)	6 9:00 Walking Group 10:00 Indoor Exercise 11:00 Blood Pressure 11:00 Bingo 12:00 Lunch 12:30 Tech Help 12:30 Cards & Games 1:00 Ping Pong
9 9:00 Walking Group 10:00 Medicare Info 10:00 Indoor Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong	10 	11 9:00 Walking Group 10:00 Indoor Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 3:00 Line Dancing	12 Blood Drive  Foot Care (by appt)	13 9:00 Walking Group 10:00 Indoor Exercise 11:00 Bingo 12:00 Lunch 12:15 Father's Day Root Beer Floats 12:30 Tech Help 1:00 Cards & Games
16 9:00 Walking Group 10:00 Indoor Exercise 10:00 Medicare Info 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong	17 	18 9:00 Walking Group 10:00 Indoor Exercise 11:00 Bingo 12:00 Birthday Lunch 12:30 Audiologist 12:30 Cards & Games 3:00 Line Dancing	19 Foot Care (by appt)	20 9:00 Walking Group 10:00 Indoor Exercise 11:00 Blood Pressure 11:00 Bingo 12:00 Lunch 12:30 Tech Help 12:30 Cards & Games 1:00 Ping Pong
23 9:00 Walking Group 10:00 Indoor Exercise 10:00 Medicare Info 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong 1:00 Painting Class	24 	25 9:00 Walking Group 10:00 Indoor Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 3:00 Line Dancing	26 Senior Trip: Discover Poulsbo Leaving GMVCC at 9:00 Foot Care (by appt)	27 9:00 Walking Group 10:00 Indoor Exercise 10:30 Nat'l Bingo Day 12:00 Lunch 12:30 Tech Help 12:30 Cards & Games 1:00 Ping Pong
30 9:00 Walking Group 10:00 Indoor Exercise 10:00 Medicare Info 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong				

Lunch is served every M/W/F promptly at noon.



Greater Maple Valley Community Center

Activities and Events for Adults Ages 50+

June 2025

Trip/tour fees include planning, transportation, parking, and driver expenses. Most trips include a no-host lunch. You MUST sign up and pay for all trips in advance at the front desk. All schedules are subject to change.

Monday, June 2

Book Club: Weyward 3 Women

Get reading and join the conversation! Join our monthly book club for a lively group. Selections for our club include titles from both fiction and non-fiction. We meet on the first Monday of each month at 10:00am in the GMVCC library. July Book: On Gold Mountain by Lisa See

Monday June 23

Painting Class

Join the group and paint along with Jennifer. Whether you are a seasoned painter or just starting out this class is for you. You will be guided through and all supplies will be provided. Perfect way to spend the afternoon. This painting class is \$8. Space is limited and sign up at the front desk.

Wednesday, June 18

Happy Birthday

Let's wish Happy Birthday to everyone with a birthday this month! Bingo is at 11:00, and lunch at 12:00, with birthday treats. If your birthday is in June your lunch is free.

Friday, June 20

Movie in the Library

Come and join some friends in our Library for a fun movie and popcorn. This is a free event and you do not need to sign up. The movie this month is TBD.

Thursday, June 26

Senior Trip: Discover Poulsbo

Nestled along the shores of Liberty Bay, Poulsbo known as 'little Norway' has a delightful downtown with plenty of shops and eats. Join us and discover this gem of a town. This trip is a self-guided exploration day trip with many shops and restaurants to explore. This trip is \$37. Bring money for lunch or your own sack lunch. Leaving GMVCC 9:00am.

Friday, June 27

National Bingo Day

Join us for National Bingo Day. This day is dedicated to our popular game that we enjoy here at GMVCC. We will be celebrating Bingo by beginning at 10:30 adding more time and a fun atmosphere. On this day you will need up to \$2.00 in dimes plus 2 quarters to buy each bingo card to play. Please be ready to play at 10:30.

Do you have questions about Medicare?

We have a representative that will be available to answer any questions you may have about how Medicare works or about the plan that you currently have. Navigating the complex world of insurance can be frustrating. Every Monday at 10 am in the library.

Indoor Walking

Join us in the Main Hall for our fitness walking group, "Heart and Sole"! Come between 10:00-11:00am and get your steps in for 5 minutes or 55 minutes. There is no charge, and is happening every Monday, Wednesday, and Friday.



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The ♥ of the Community

