

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>10:30—11:30 TSD Transitions (Den)</p>	<p><b>2</b></p> <p>10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home-school (Main and Den)</p>	<p><b>3</b></p> <p>3:00PM—4:00PM Line Dancing (Den) 6:30-8M Dance Fitness (Den) 7:00PM—AA Wednesday Night of Your Life (Main)</p>	<p><b>4</b></p> 	<p><b>5</b></p> <p>7:15AM—MV Rotary Breakfast Meeting Main Hall 12:00—1:00 PM Teen Tech Help (Main Hall) 12:30—2:30 PM Teens vs. Senior Games</p>
<p><b>8</b></p> <p>10:30—11:30 TSD Transitions (Den)</p>	<p><b>9</b></p> <p>10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home-school (Main and Den)  6:00—7:00PM Tai Chi (Den)  6:30PM Friends N Fun (Main)</p>	<p><b>10</b></p> <p>3:00PM—4:00PM Line Dancing (Den) 6:30-8M Dance Fitness (Den) 7:00PM—AA Wednesday Night of Your Life (Main)</p>	<p><b>11</b></p> <p>9:00—4:00 PM Foot Care 10:00—10:45 AM Reading with Love (Den) 12:00—2:00PM Home-school (Main) 6:00PM —9:00Pm Covington Quilters  6:00—7:00PM Chess Tournament 8—11yrs.</p>	<p><b>12</b></p> <p>7:15AM—MV Rotary Breakfast Meeting Main Hall 12:00—1:00 PM Teen Tech Help (Main Hall) 12:30—2:30 PM Teens vs. Senior Games</p>
<p><b>15</b></p> <p>10:30—11:30 TSD Transitions (Den) 12:00—2:00 Web Design &amp; Java Script (Den)</p>	<p><b>16</b></p> <p>10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home-school (Main and Den) Teens for Teens 6:00—7:00PM Tai Chi (Out Side)  6:30PM Friends N Fun (Den)</p>	<p><b>17</b></p> <p>12:00—2:00 Web Design &amp; Java Script (Den) 3:00PM—4:00PM Line Dancing (Den) 6:30-8pm Dance Fitness (Den) 7:00PM—AA Wednesday Night of Your Life (Main)</p>	<p><b>18</b></p> <p>9:00—4:00 PM Foot Care 10:00—10:45 AM Reading with Love (Den) 12:00—2:00PM Home-school (Main) 5:00—9:00PM Foster Champs (Main/Den)</p>	<p><b>19</b></p> <p>7:15AM—MV Rotary Breakfast Meeting Main Hall 12:00—1:00 PM Teen Tech Help (Main Hall) 12:30—2:30 PM Teens vs. Senior Games</p>
<p><b>22</b></p> <p>10:30—11:30 TSD Transitions (Den) 12:00—2:00 Web Design &amp; Java Script (Den)</p>	<p><b>23</b></p> <p>10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home-school (Main and Den) Teens for Teens (Den) 6:00—7:00PM Tai Chi (Den)  6:30PM Friends N Fun (Main)</p>	<p><b>24</b></p> <p>12:00—2:00 Web Design &amp; Java Script (Den) 3:00PM—4:00PM Line Dancing (Den) 6:30-8PM Dance Fitness (Den) 7:00PM—AA Wednesday Night of Your life. (Main)</p>	<p><b>25</b></p> <p>9:00—4:00 PM Foot Care 10:00—10:45 AM Reading with Love (Den) 12:00—2:00PM Home-school (Main)</p>	<p><b>26</b></p> <p>7:15AM—MV Rotary Breakfast Meeting Main Hall 12:00—1:00 PM Teen Tech Help (Main Hall) 12:30—2:30 PM Teens vs. Senior Games  American Red Cross CPR 1:00—5:00 PM (Den)</p>
<p><b>29</b></p> <p>10:30—11:30 TSD Transitions (Den) 12:00—2:00 Web Design &amp; Java Script (Den)</p>	<p><b>30</b></p> <p>10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home-school (Main and Den) Teens for Teens (Den) 6:00—7:00PM Tai Chi (Den)</p>	<p><b>31</b></p> <p>12:00—2:00 Web Design &amp; Java Script (Den) 3:00PM—4:00PM Line Dancing (Den) 6:30-8PM Dance Fitness (Den) 7:00PM—AA Wednesday Night of Your Life (Main)</p>		



# Greater Maple Valley Community Center

## Programs and Activities

**July 2024**

**AA Night of Your Life**— is our Alcoholics Anonymous support group on Wednesday nights in the Hall.

**Arts for All**— is an organization that works with diverse learning styles to bring art, dance and theater to its members who are differently abled to give them equitable arts. Arts for All meets every Tuesday at 2:15 PM in the Main hall.

**CPR First Aid**— is basic life support and first aid courses certified by the Red Cross. — Last Friday of every month in the Den.

**Community Garden**— a program to support our senior lunches, the community garden welcomes any and all volunteers from master gardeners to first time diggers to learn and enjoy the beauty of the pacific northwest through gardening.

**Covington Quilters**— is a large group that gets together based off of friendship and quilts to discuss quilting charities and relatable matters and raffles off work. — Every First Thursday of the month in the Hall.

**Dance Fitness**— a Zumba inspired dance class with a focus on fun and fitness. Free to the public on Wednesday evenings.

**Foot Care**— Pedicure/footcare program for seniors provided by Karen's footcare. Appointments only available on Thursdays .

**Foster Champs**— is an organization that enables families and children who are separated by the foster system to get together to nurture and advocate for these children.— The third Thursday of every month in the Hall.

**Friends n' Fun**— is an organization that supports differently abled people who have aged out of the school system to get together to socialize and learn in a comfortable space. — Meet every Tuesday evening.

**Girl Scouts**— A meeting of the leaders of the Girl Scout troops from the national organization. — On the first Monday of every month.

**Home School**— an alternative approach to normalized education, there are 2 groups, one for teens and one for younger kids. To get together and socialize and learn skills though different education. — Every Tuesday and Thursday in the Hall and Den.

**Indian American Community Services**— is an early education program that teaches early socialization and American style classes to families from other countries. Meets every Wednesday at 11 AM in the Den.

**My Stories**— Young volunteers interview senior citizens about their lives and write down their stories for family, friends and the community. Every Friday in the Main Hall.

**Quilters**— the Local quilting group to socialize and go over things that were made. Every other Wednesday in the Den.

**Reading With Love & Math Works**— young students who need support in reading, writing and math are paired with a volunteer to gain the confidence and love of early education. — Every Monday and Thursday at 4 PM until Summer.

**Teens for Teens**— the former youth council which welcomes 12 to 17 year-olds to lead the way in volunteering in the community. — Every Tuesday at 3 PM in the Den.

**Teen Tech Help**— Local Teens from Tahoma offer free basic tech help to seniors and community participant's. Every Friday in the Main Hall.

**Teens Vs Senior Games**— Local teens from Tahoma plays table games with the local seniors for intergenerational skill building.

**Tai Chi**— taught by Mathew Stone, he teaches a Variety of different mind, body and soul classes.

**Toddler Time**— early socialization group for families to bring their young children to play, socialize and learn important life skills is run entirely by parent volunteers. — Every Tuesday and Thursday at 10 AM in the Main Hall.

**Transitions**— a school based group through the Tahoma High School that helps the differently abled students learn important life skills and independent skills to succeed in the future. — Every Monday at 11:30 AM in the Den.

**Web Design and Java Script**— a beginners course to designing a web page and learning Java script. Course is just in July. Free on Mondays and Wednesdays.

