

## **March 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 7:15AM—MV Rotary Breakfast Meeting Main Hall 12:30—1:30 PM Teen Tech Help (Main Hall) 1:30—3:30 PM My Stories (Main Hall)
4 11:30— 1:30 Transitions (Den) 4:00— 4:45 PM Reading with Love (Den)	5 10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home- school (Main and Den) 2:15— 4PM Arts for All 3:00—5PM Teens for Teens (Den)	6 10:00—11:00AM Early Education Program Indian American Community Services (Den) 4:00—5:00 PM Wise Youth (Den) 7:00PM—AA Wednesday Night of Your Life (Main)	7 9:00—4:00 PM Foot Care 10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home- school (Main) 4:00— 4:45 PM Reading with Love (Den) 6:00 PM—9:00PM Cov- ington Quilters	8 7:15AM—MV Rotary Breakfast Meeting Main Hall 12:30—1:30 PM Teen Tech Help (Main Hall) 1:30—3:30 PM My Stories (Main Hall)
11 11:30— 1:30 Transitions (Den) 4:00— 4:45 PM Reading with Love (Den)	12  10:00—11:30AM  Toddler Time (Main) 12:00—2:00PM Home- school (Main and Den) 2:15— 4PM Arts for All 3:00—5PM Teens for Teens 6PM Friends N Fun (Main) 6:00—7:00 PM Tai Chi (Den)	13 10:00—11:00AM Early Education Program Indian American Community Services (Den) 10:30—11:30AM Quilters (Back Den) 7:00PM—AA Wednesday Night of Your Life (Main)	14 9:00—4:00 PM Foot Care 10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home- school (Main) 4:00— 4:45 PM Reading with Love (Den)	7:15AM—MV Rotary Breakfast Meeting Main Hall 12:30—1:30 PM Teen Tech Help (Main Hall) 1:30—3:30 PM My Stories (Main Hall) 3:30—5:00 PM Lambert House (Den)
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25 4:00— 4:45 PM Reading with Love (Den)	26 10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home- school (Main and Den) 2:15— 4PM Arts for All 3:00—5PM Teens for Teens (Den) 6PM Friends N Fun (Main) 6:00—7:00 PM Tai Chi (Den)	27 10:00—11:00PAM Early Education Program Indian American Community Services (Den) 10:30—11:30AM Quilters (Back Den) 7:00PM—AA Wednesday Night of Your Life (Main)	28 9:00—4:00 PM Foot Care 10:00—11:30AM Toddler Time (Main) 12:00—2:00PM Home- school (Main) 4:00—4:45 PM Reading with Love (Den)	7:15AM—MV Rotary Breakfast Meeting Main Hall 12:30—1:30 PM Teen Tech Help (Main Hall) 1:30—3:30 PM My Stories (Main Hall) 1:00—5:00 PM Red Cross CPR



## **Greater Maple Valley Community Center**

## **Programs and Activities**

**March 2024** 

AA Night of Your Life— is our Alcoholics Anonymous support group on Wednesday nights in the Hall.

**Arts for All**— is an organization that works with diverse learning styles to bring art, dance and theater to its members who are differently abled to give them equitable arts. Arts for All meets every Tuesday at 2:15 PM in the Main hall.

CPR First Aid— is basic life support and first aid courses certified by the Red Cross. — Last Friday of every month in the Den.

**Community Garden**— a program to support our senior lunches, the community garden welcomes any and all volunteers from master gardeners to first time diggers to learn and enjoy the beauty of the pacific northwest through gardening.

**Covington Quilters**— is a large group that gets together based off of friendship and quilts to discuss quilting charities and relatable matters and raffles off work. — Every First Thursday of the month in the Hall.

Foot Care — Pedicure/footcare program for seniors provided by Karen's footcare. Appointments only available on Thursdays .

**Foster Champs**— is an organization that enables families and children who are separated by the foster system to get together to nurture and advocate for these children.— The third Thursday of every month in the Hall.

**Friends n' Fun**— is an organization that supports differently abled people who have aged out of the school system to get together to socialize and learn in a comfortable space. — Meet every Tuesday evening.

Girl Scouts — A meeting of the leaders of the Girl Scout troops from the national organization. — On the first Monday of every month.

Healthy Care Session— A free health session hosted by Valley Medical Center about chronic diseases and how to take charge of your health.

**Home School**— an alternative approach to normalized education, there are 2 groups, one for teens and one for younger kids. To get together and socialize and learn skills though different education. — Every Tuesday and Thursday in the Hall and Den.

**Indian American Community Services**— is an early education program that teaches early socialization and American style classes to families from other countries. Meets every Wednesday at 11 AM in the Den.

**Lambert House**— Empowers lesbian, gay, bisexual, transgender and questioning youth through the development of leadership, social and life skills. Every third Friday of the month in the Den.

**My Stories**— Young volunteers interview senior citizens about their lives and write down their stories for family, friends and the community. Every Friday in the Main Hall.

Quilters— the Local quilting group to socialize and go over things that were made. Every other Wednesday in the Den.

**Reading With Love**— young students who need support in reading and writing are paired with a volunteer to gain the confidence and love of early education. — Every Monday and Thursday at 4 PM until Summer.

**Teens for Teens**— the former youth council which welcomes 12 to 17 year-olds to lead the way in volunteering in the community. — Every Tuesday at 3 PM in the Den.

Teen Tech Help— Local Teens from Tahoma offer free basic tech help to seniors and community participant's. Every Friday in the Main Hall.

Tai Chi— taught by Mathew Stone, he teaches a Varity of different mind, body and soul classes.

**Toddler Time**— early socialization group for families to bring their young children to play, socialize and learn important life skills is run entirely by parent volunteers. — Every Tuesday and Thursday at 10 AM in the Main Hall.

**Transitions**— a school based group through the Tahoma High School that helps the differently abled students learn important life skills and independent skills to succeed in the future. — Every Monday at 11:30 AM in the Den.

