

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| 3 9:00 Walking Group 10:00 Book Club 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong 1:00 Mah Jong |  | 5 9:00 Walking Group 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Mah Jong | 6 Foot Care (by appt) | 7 Easter Lunch 9:00 Walking Group 10:30 Blood Pressure 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong |
| 10 9:00 Walking Group 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong 1:00 Mah Jong | 11 | 12 9:00 Walking Group 10:30 Chair Exercise 10:30 Quilting/Needle 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Mah Jong 1:30 Presentation | 13 Foot Care (by appt) | 14 9:00 Walking Group 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong |
| 17 Kent Fire Fighter Foundation Lunch 9:00 Walking Group 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong 1:00 Mah Jong |  | 19 Birthday Lunch 9:00 Walking Group 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Mah Jong | 20 Foot Care (by appt) | 21 9:00 Walking Group 10:30 Chair Exercise 10:30 Blood Pressure 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong 1:00 Friday Movie |
| 24 9:00 Walking Group 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong 1:00 Mah Jong | 25 | 26 9:00 Walking Group 10:30 Chair Exercise 10:30 Quilting/Needle 11:00 Bingo 12:05 Lunch 12:30 Cards & Games 1:00 Mah Jong | 27 Senior Trip: Snoqualmie Casino Leaving GMVCC 9:15 Foot Care (by appt) | 28 9:00 Walking Group 10:30 Chair Exercise 11:00 Bingo 12:00 Lunch 12:30 Cards & Games 1:00 Ping Pong 1:00 Drop In Craft |
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Lunch is served every M/W/F promptly at noon.



Greater Maple Valley Community Center

Established 1976

Activities and Events for Adults Ages 50+

April 2023

Trip/tour fees include planning, transportation, parking, and driver expenses. Most trips include a no-host lunch. You MUST sign up and pay for all trips in advance at the front desk. All schedules are subject to change.

Monday, April 3

Book Club: Born A Crime

Get reading and join the conversation! Reading is fun and good for you. Join our monthly book club for lively conversation. Selections for our club include titles from both fiction and non-fiction. We meet on the first Monday of each month at 10:00am in the GMVCC library. You are responsible for getting your copy of the book. This month, we will be discussing Born A Crime by Trevor Noah.

Wednesday, April 12

Choosing a Financial Caregiver Presentation

Please join us in the library from 1:30-3:30 for this free presentation. Our guest speaker is from Washington Bankers Assoc. will be discussing Choosing a Financial Caregiver. This is part of a 5 part senior presentation. Space is limited please sign up at the front desk.

Friday, April 17

Kent Fire Fighters Foundation

Kent Firefighter Foundation will be joining us for Lunch on this day. They will be helping GMVCC with our meal program and answering your questions. Please join us and welcome them.

Wednesday, April 19

Happy Birthday

Let's wish Happy Birthday to everyone with a birthday this month! Bingo is at 11:00, and lunch at 12:00, with birthday treats. If your birthday is this month, Bingo is FREE!

Thursday, April 20

Senior Trip: Snoqualmie Casino

Join us for a fun trip to one of the favorite local casinos. Snoqualmie Casino has 1,700 state of the art slot machines, 54 classic gaming tables all with a great view. This trip is \$18 plus bring money for lunch. Space is limited sign up at the front desk. Leaving GMVCC 9:15 am.

Friday, April 21

Friday Movie in the Library

Come and join some friends in our Library for a fun movie and popcorn. This is a free event and you do not need to sign up.

Friday April 28

Drop In Craft

Join us for a fun, delightful afternoon of crafting. We have selected by popular choice, a fun craft for the month of April. No skills are necessary. Just good conversation and a relaxing time. All supplies will be provided. Space is limited please sign up at the front desk.

Everyone Has A Story, What is yours?

Everyone has a story and our stories all have something in common. We all connect and learn from each other. We would like to hear your stories.



We celebrate our participants birthdays monthly, on the third or fourth Wednesday. Bingo is at 11:00 and lunch is at 12:00. If your birthday is in April this is free to you!



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425-432-1272

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